

Medical matters

The Warringal Private Hospital Newsletter
for medical specialists



Warringal Private Hospital
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www.warringalprivate.com.au

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WARRINGAL
PRIVATE HOSPITAL

A message from the CEO...

Greetings Everybody!

I am pleased to report there are a number of activities underway for the hospital development.

The architects are now at a detail level for Wards having finalised broad layout issues with all Nurse Unit Managers and obtaining general feedback from display of these plans on each ward. Detailed layouts of wards are the next stage of planning and will be available to all staff and VMO's to provide feedback and input once a draft layout has been agreed.

Theatre and Day Surgery – A user meeting has been conducted for surgeons and anaesthetists to provide feedback on the plans for

theatre and this generated a number of discussions and issues related to admission processes, in particular Day of Surgery Admission and resulting layout of theatre and day surgery related to this. Further feedback and discussion will be required to spend more time on detailed planning of these two areas. A users meeting for Day Surgery is planned for the near future.

More meetings with architects are required to start to develop flow for traffic movement in and out of the hospital over construction period. There are a number of considerations that have to be worked out to ensure that the hospital can continue to function at an

optimal level during disruption of development. Alternative parking solutions are in train but require further discussion with the Austin regarding the establishment of a temporary car park for 250 cars at the Repatriation Hospital site.

Tender process is still on track for December and January 2009 /10 with construction due to commence in July / August 2010. There are still a few matters to overcome regarding planning and related to Body Corporate matters but progress on the essential planning for building is continuing on.

Thank you for all your support and contribution during 2009 in our collaboration toward

providing optimal patient care. I wish you all the very best for the festive season and a happy beginning to 2010.

Graham Clarke
Chief Executive Officer



New domiciliary sleep study service at MRSS

Drs Nick Antoniadis and Fergal O'Donoghue are pleased to announce the commencement of a home sleep study (PSG) service at the Melbourne Respiratory and Sleep Services rooms at 16 Martin St Heidelberg. The service complements the already established Respiratory Function laboratory running at the same address.

All patients referred to the home PSG service will receive follow up by a qualified Sleep Physician, and studies are conducted and scored according to the same standards as in-laboratory polysomnography.



For referral pads or bookings for any MRSS services please contact the rooms on
ph: 9459 0555
fax: 9455 0786

GP education evening

Warringal recently held its 3rd and 4th GP education evenings for 2009. The 3rd evening was entitled "Waterworks" and focused on a number of topics about urogynaecological conditions. We were very grateful for the contribution of a number of our wonderful Urologists; Mr Stephen Clarke, Mr John Rogerson, Mr David Angus, Mr Damien Bolton, and Gynaecologist, Mr Yik Lim. The 4th evening was entitled "The Whole Woman" and encompassed a variety of topics on women's health issues. Participation of the following specialists was greatly welcomed; A/Prof Omar Farouque (Cardiologist), Mr Andrew Bui (Colorectal Surgeon), Ms Jillian Woinarski (Gynaecologist), Ms Elaine Bevington (Breast Surgeon), and Dr Shane White (Oncologist). A total of 37 GPs and a number of nursing staff attended over these 2 evenings with many positive comments about the valuable learning provided in such a format. Thank you to all the Warringal staff who made wonderful participants on the night, and to Ipsen and Dorevitch for kindly sponsoring one each of these events.

Diary Dates for 2010

24th February - Orthopaedics
5th May - Cardiology
18th August - Oncology
20th October - General Surgery incl. Plastics/Bariatric/Vascular



Specialist Profiles



Mr Mehrdad Nikfarjam MD, PHD, FRACS
General Surgeon

275 Burwood Hwy, East Burwood. Vic. 3151
Ph: 03 9886 8077 Fax: 03 9886 8377

Mr Nikfarjam's major interest is on the treatment of patients diagnosed with abdominal malignancies with a main focus on liver, pancreas, biliary and foregut surgery.

He has had specialized training in the United States in Liver, Pancreas & Foregut surgery, with an expertise in minimally invasive approaches. He has also undertaken further training in Laproendoscopic surgery including ERCP, foregut & solid organ surgery & advanced hernia repair. He is one of the few surgeons in Australia experienced at single incision & needlescopic gallbladder surgery.

Mr Nikfarjam has a public hospital appointment at Austin Health, University of Melbourne, HPB/Transplant Unit, as well as sessional theatre time at Warringal and Mitcham Private Hospitals.

He is a member of the Melbourne Surgical Consulting Group who practice multidisciplinary medicine and have advanced training in their area of speciality.



Mr Sunil Jassal MBBS; FRACS
Breast & General Surgeon

Mitcham Private Consulting Suites
23 Doncaster East Rd, Mitcham. Vic. 3132
Ph: 03 9210 3146 Fax: 03 9210 3139

Mr Sunil Jassal, specialist Breast and General Surgeon, has recently commenced private operating at Warringal Private Hospital and is warmly welcomed into their multi disciplinary team of specialists and nurses who provide breast care services.

Following his undergraduate training at the University of Melbourne, Sunil gained his FRACS at the Austin Hospital. He spent a year as a Fellow in General Surgery at Dandenong Hospital before pursuing advanced training in Breast Surgery at the Royal Perth Hospital, one of Australia's busiest breast clinics.

Sunil continued to develop his extensive post fellowship experience as a Consultant in Breast and General Surgery at both Royal Perth and Fremantle Hospitals. He also recently co-authored a book "Breast Cancer. The Facts."

Sunil is committed to providing the highest standard of care, and offers a compassionate and comprehensive service that is responsive to the needs of patients with common general surgical problems and all breast conditions.



Mr Bill Fleming MBBS,FRACS
General / Endocrine Surgeon

Suite 112, 320 Victoria Pde, East Melbourne. Vic 3002
Ph: 03 9417 6634 Fax: 03 9415 7422

Mr Bill Fleming trained at the Royal Melbourne Hospital, gaining the FRACS in 1991, and then undertook postgraduate training in London, specialising in endocrine and pancreatic surgery at the Kings College and Hammersmith Hospitals, before finishing up at Addenbrooke's Hospital in Cambridge.

In August 1995 he was appointed to the Austin Hospital staff, and as Senior Lecturer in the University Department of Surgery, specialising in pancreatic and endocrine surgery. In 2002 Mr Fleming became the Director of General Surgery at the Austin, and helped to establish the Endocrine Surgery Unit.

In July 2004 he was invited to return to London, to a specialist practice in endocrine surgery at the Hammersmith and Cromwell Hospitals. He was appointed Honorary Senior Lecturer at Imperial College School of Medicine in 2005, and in the same year was awarded the Fellowship of the Royal College of Surgeons in England. During Mr Fleming's nearly 5 years in the UK he performed more than 1000 endocrine surgical procedures, in the thyroid, parathyroids, adrenals and endocrine pancreas. He returned home late last year to continue practice in endocrine and general surgery at the Austin, and at the Western Hospital in Footscray. He is on the staff of Epworth Freemasons and Warringal Private Hospitals.

Mr Fleming specialises in the field of endocrine surgery, with particular emphasis on minimally invasive techniques, including laparoscopic adrenal surgery. In addition he also consults on general surgical problems. His clinical interests are in thyroid, parathyroid and adrenal surgery and the management of recurrent parathyroid disease and surgery in the renal parathyroid patient. He has published widely, in both general and endocrine surgery.

If Mr Fleming can be of any help or just offer advice on endocrine surgical problems, please don't hesitate to contact him via the rooms, or feel free to ring his mobile: 0433 99 66 20.

Call for Current Medical Insurance

It is extremely important that all contracted medical practitioners, specialists and allied health professionals hold current professional indemnity insurance if consulting or treating patients of, or on the premises of a Ramsay facility.

As a reminder, we ask that you provide the hospital with a current certificate of your professional indemnity as soon as possible.

Please fax to 9459 7606 or post to Marisa Costanzo in the Executive Office.

Sessional rooms availability

Contact: Suzy McLean
Business Development Manager
Ph. 9450 6996
M. 0419 357 118
E. mcleansu@ramsayhealth.com.au

Staff Profile

Ms Melissa McDonald

Director of Clinical Services



Melissa McDonald first began nursing at Warringal Private Hospital in 1992 where she continued her keen interest in the specialty of Orthopaedics. Melissa played an integral role in establishing the Case Management Model of Care at Warringal with the aim of improving quality of care for patients by streamlining the pre-admission process, developing Clinical Pathways and facilitating the discharge

planning process. Melissa also spent time managing the Bookings Office and then a number of years working in Corporate management in both Business Operations and Capital Development teams. She returned to Warringal Private Hospital in 2004 as Clinical Co-ordinator. In April 2007, Melissa was appointed to the Director of Clinical Services position. She has welcomed the opportunity the role has provided in continuing to develop and enhance the clinical services Warringal provides, as well as contributing to the hospital's strategic direction.

Throughout Melissa's nursing career she has undertaken Post Graduate studies in Orthopaedics and a Graduate Diploma in Business Administration.

Outside of hospital life, Melissa loves spending time with her husband and gorgeous son, Dylan aged 6. She enjoys the challenge of early morning personal training sessions, leisure time with her family and friends, and a good mix of social occasions.

Upcoming events

Annual General Meeting

The Hospital Annual General Meeting will be held on

Date: Thursday 19th November 2009.

Venue: Park Hyatt Melbourne
1 Parliament Square, Melbourne
Fairmont 1 room

Time: From 1845hrs

(VMOS - Please see attached invitation and nomination form)

Medical Advisory Committee meeting & Xmas Dinner

Date: Monday 14th December 2009

Venue: TBC

Time: 1830 hrs

Warringal Staff Xmas Party – Sunset Boulevard!

All VMOs are warmly invited to attend the hospital Christmas function (invitations extended to VMOs and staff only – email invitation will follow)

Date: Friday 11th December 2009

Venue: The Boulevard in Kew

Cocktail function and Entertainment

Come along to celebrate Christmas and the end of year at this lovely venue

500,000th Patient at Warringal Private Hospital

On Monday 24th August 2009, Warringal Private Hospital admitted its 500,000th patient since opening in March 1976.

Mrs Sandra Beaumont of Bulleen, was admitted to Warringal Private to the Day Surgery department. Whilst her admission to hospital was a serious matter, Mrs Beaumont was very excited to be informed she was the 500,000th patient to have been cared for at this hospital. Mrs Beaumont, her husband and their daughter have all been patients at Warringal Private over the past 30 years and said she always found the care provided was of exceptional quality and kindness.

Since opening, Warringal Private Hospital has been providing acute medical and surgical services in Melbourne's north east and the broader community. Whilst it began with only 50 beds it has since grown to a capacity of 145 beds and soon to be over 200 beds in the next stage of its development. It is one of the busiest private hospitals in metropolitan Melbourne and has approximately 20,000 patients per year use its services.

The hospital provides surgical services in the specialties of Orthopaedics, Cardiothoracics, Urology, Gynaecology, Colorectal, Breast, General, Gastroenterology, ENT, Vascular and Plastic surgery. It also provides extensive medical services in the areas of Cardiology, Oncology, and Respiratory medicine.

CEO Graham Clarke said "Hospitals such as Warringal Private have strong relationships with the communities they are located in and over a number of years it is common to have treated and assisted generations of local families with their health care needs. Warringal Private has over a number of years, provided a broad range of important acute health services from day surgery procedures to open heart surgery, to the community and we are pleased to be able to continue providing these services and share this significant milestone with our 500,000th admitted patient".



TRIVIA NIGHT 2009

Fund raising evening for the Strathewen Renewal Association

On Friday 21st August 2009, Warringal Private Hospital held its 2nd fund-raising Trivia night in honour of one of our own nurses, and the many other staff and their families who were affected by the tragedy of the Black Saturday bush fires on February 7th this year.

Following on from the visit made to Warringal by Paul Ramsay and Chris Rex on 12th of February, Melissa McDonald (DCS) set the tone for the evening by remembering how so many of Warringal's "family" had been impacted by the bushfires, and in particular the family and friends of Judy McIver, one of our precious theatre nurses, who lost her life in the Strathewen area. The purpose of the evening was to assist the rebuilding of this particular community. A moving tribute was created by one of the Strathewen residents who provided video of before and after shots, together with a history of Strathewen. A song was also written specifically around this community and played to the vision of children from the local schools (which burnt down) singing the words.

The evening was a mixture of Trivia questions, fierce competition, raffles, auctions, and even a paper plane competition. Over 140 staff, family and friends of Warringal Private joined together to raise over \$4200.00 for the Strathewen community. The night was made possible through the generosity of both the hospital (who donated the BBQ dinner, hall hire, and Trivia personality), and the very kind donations of wine, gifts, prizes, and vouchers that many staff, friends and family donated.

Thank you to everyone who contributed to the evening, and to ICU "The Einstein Factory" who took out honours of the winning table.



The winning table - ICU "The Einstein Factory"

Staff Appointments

New Catering Services Manager

We recently wished David Allen well after 8 successful years as Warringal Private Hospital's Catering Services Manager. We are pleased to announce the appointment of Mrs Robyn Berry who comes to us with extensive health care experience both in private hospitals and aged care facilities. Robyn commences in the role on November 9th.

New ANUM on McCubbin

Warringal is pleased to announce the appointment of Mr Richard McFarlane to the position of Associate Nurse Unit Manager of McCubbin (Cardiac) Unit. Richard comes to us from Austin Health where he has many years of critical care management experience.



Perioperative Educator

We are also pleased to welcome back Ms Bianca Delahoy who began her nursing career in the Graduate Nurse program at Warringal some years ago. Bianca has most recently come from Monash Medical Centre.



People caring for people

Simply great healthcare
...from the people you
know & trust

Our expert surgical team performs a wide range of procedures in orthopaedics, cardiothoracics, urology, gynaecology, vascular, breast/general, colorectal, plastics, endoscopy, & ear, nose & throat.

Warringal Private Hospital is an acute care hospital with a community feel & is well renowned for its high standard of nursing care. It is conveniently co-located with Austin Health & Mercy Hospital in Heidelberg.

It is entering an exciting phase of development over the next 2 years with plans to include 5 new state-of-the-art operating theatres & an expanded Day Surgery Unit to cater for Day of Surgery Admissions.

If you are interested in establishing or developing your private practice in a high quality, friendly, private hospital with skilled & experienced staff, please contact:

Suzu McLean, Business Development Manager

ph: 03 9450 6996

mob: 0419 357 118

email: mcleansu@ramsayhealth.com.au

For more information:

www.warringalprivate.com.au

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