

Patient Details

Name _____

Address _____

DOB _____ Telephone (H) _____

Telephone (W) _____ Telephone (M) _____

Investigation required Gastroscopy Colonoscopy

Clinical indication for examination _____

Special precautions _____

Referring Doctor _____

Name _____

Address _____

Telephone _____

Signed _____ Date _____ Patient will be given report for follow-up

Pre Procedure Appointment – Colonoscopy only

Time _____ Date _____

216 Burgundy Street
Heidelberg Victoria 3084

BOOKINGS 9am-5pm

Tel 9274 1318 or

9274 1375

Fax 9274 1376

Endoscopy available
Monday – Saturday
excluding Public Holidays

Mr A Aly – G

Mr R Brouwer – G/C

Mr A Bui – G/C

Dr D Fone – G

Dr P Gow – G/C

Dr G Lockrey – G/C

Dr S Lontos – G/C

Dr A Marshall – G/C

Dr S Malki – G/C

Dr G Paizis – G/C

Mr I Pilmer – G/C

Dr R Sewell – G

Dr R Vaughan – G/C

G = Gastroscopy

C = Colonoscopy



RAMSAY
HEALTH CARE

Patient Instructions

GASTROSCOPY: Nothing to eat or drink six hours prior to the procedure.

COLONOSCOPY: Please refer to detailed instruction sheet given by doctor performing procedure. The preparation is to be purchased at least 48 hours prior to the procedure and is available from most pharmacies.

Your doctor has recommended that you have a gastroscopy +/- colonoscopy. This procedure is commonly performed to examine the inside of your stomach (gastroscopy) or the bowel (colonoscopy). The instrument used to perform the procedure is a thin, flexible tube with a video camera at the end. You are given medications during the procedure and may feel drowsy afterwards and may not remember anything of the procedure. The procedure may cause some discomfort but is rarely painful. Some possible side effects are abdominal pain/cramping, soreness of the throat, drowsiness and dizziness. Some samples of tissues (biopsies) or polyps may be removed during the procedure and sent to the pathology for further analysis.

You must:

- Bring this request slip with you.
- Wear loose, casual clothing.
- Advise the specialists prior to the procedure if you are pregnant, breast feeding, diabetic, allergic to any drugs or if you are currently taking any medication.
- On the morning of the procedure medications should be taken as usual with a sip of water. Stop antacids the day before. Please discuss with your own local Doctor if you are on **Warfarin, Aspirin, Plavix, Cardiprin, Iron Tablets or Diabetic Medications** as these medications may need to be stopped or adjusted prior to the procedure.
- Organise a friend/relative to escort you home.

You must not:

- Drive or catch a taxi home alone. Your friend/relative will be notified to confirm your discharge time.
- Operate machinery/drink alcohol/sign legal documents on the same day of procedure.
- Bring valuables with you.
- Drive a car until the day following your procedure (your motor vehicle insurance may not cover you).

If you have any questions please do not hesitate to contact

Warringal Private Hospital on 9274 1375

After Hours 9274 1300